



AMAR SEWA MANDAL'S  
**GOVINDRAO WANJARI COLLEGE OF ENGINEERING & TECHNOLOGY**  
(NAAC Accredited Institution)  
**(ISO 9001 : 2015 Certified Institute)**

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WANJARI GROUP  
PIONEERING EDUCATION

Founder  
Late. Shri Govindrao Wanjari

President  
Dr. (Smt) Suhasini G. Wanjari

Secretary  
Adv. Abhijit G. Wanjari

Treasurer  
Dr. Smeeta A. Wanjari

Date: 23 Jan 2020

**OFFICE ORDER**

**YOGA & MEDITATION CELL**

Yoga & Meditation Cell is constituted for leading a happier & healthier life bringing mind body awareness into social context.

A few Goals & Objectives are:

1. To learn how meditation is effective in reducing stress and increasing organization skills.
2. To learn simple meditation & chair yoga postures that can be done at your desk.
3. To become aware of basic yoga philosophies that can help the participant to maintain a positive attitude towards their job & their colleagues.




Following are the Committee members:

Sr. No.	Name of the Faculty	Position	Branch
1	Prof. Madhavi Deshmukh	Cell Incharge	ETC
2	Prof. Pramod. Huamne	Member	FIRST YEAR
3	Prof. Vaishnavi Dhole	Member	EE
4	Prof. Darshana Dongare	Member	ETC



  
Principal  
**Dr. S. A. Chavan**  
GWCET  
PRINCIPAL  
Govindrao Wanjari College  
of Engineering & Technology  
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Copy to:

1. HOD ETC, HOD EE, HOD CE, HOD ME, HOD CSE,  
HOD IT, FIRST YEAR I/C, HOD MBA  
2. Committee Members
1. 
  2. 
  3. 
  4. V. Dhole